



PLANNING FIGHT ÉTÉ 2025

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
7H00	7H00	7H00	7H00	7H00	8H00	8H00
10H00 KICK BOXING	10H00 KICK BOXING	10H00 BAG BOXING	10H00 BAG BOXING	10H00 BAG BOXING	10H00 BOXE ANGLAISE	10H00 BOXE ANGLAISE
12H15 BAG BOXING	12H15 BAG BOXING	12H15 BAG BOXING	12H15 BAG BOXING	12H15 BAG BOXING	10H30 MMA	10H30 MMA
17H30 MMA	17H30 KICK BOXING	17H30 BOXE ANGLAISE	17H30 KICK BOXING	17H30 KICK BOXING	17H30 KICK BOXING	17H30 KICK BOXING
18H00 BAG BOXING	18H00 BAG BOXING	17H30 MMA	18H00 BAG BOXING	18H00 BAG BOXING	18H00 BAG BOXING	18H00 BAG BOXING
18H50 BOXE ANGLAISE	18H50 KICK BOXING	18H50 MMA	18H50 GRAPPLING	18H50 BOXE ANGLAISE	18H50 BOXE ANGLAISE	18H50 BOXE ANGLAISE
19H00 BAG BOXING	19H00 BAG BOXING	19H00 BAG BOXING	19H00 BAG BOXING	19H00 GRAPPLING	19H00 GRAPPLING	19H00 GRAPPLING
20H10 BOXE ANGLAISE	20H10 GRAPPLING	20H10 GRAPPLING	20H10 GRAPPLING	20H10 GRAPPLING	20H10 GRAPPLING	20H10 GRAPPLING
22H00	22H00	22H00	22H00	22H00	22H00	22H00